



THE "ROUND THE TOR" 10K, 5K AND 3K ROAD RACES

Plus Primary School Fun Run over approx 1 Mile

Now with CHIP-TIMING, FREE Race Day Photos** (worth £15+), AND
FREE Technical T-Shirt to 10K, 5K, 3K Race Pre-Entrants* (worth £7),

Please note New Race Times.

Now with "AGE GRADED" Prizes!!

5K Run 10.30am

3K Run 10.40am

ROUND THE TOR 10K 11.20am

Primary Fun Run 11.30am

Race HQ – Glastonbury Town Hall

Entries available on the day subject to race limits

**NOTE: Last Year's 10K got within 50 of being FULL
– so enter early to avoid disappointment! –**

Race 7 of the Somerset Road
Race Series 2016



www.SomersetSeries.co.uk

Sponsored by  GLASS



Total Prizes to the value of £1000+

Awards to the first three Males and Females.
£300 cash race record bonus (30:43 / 35:24).

Veterans awards in usual 10 year categories.
Extensive Age-Graded prize structure***

Team 10K Race (4 Men, 3 Women to score)

Junior Awards only in 5K, 3K and Fun Run

see website for full prize breakdown

- * Free T-Shirt offer only available to entries received by 17th April.
- ** Race organisers cannot guarantee your photo will be available, and requires your race number to be clearly visible. Photos available for download from the internet. Opt-Out scheme is available on request.
- *** Age Grading based on published WAVA 2010 scoring tables.

**For further Race Information and
on-line entry options please visit:**

www.GlastonburyRoadRun.info

35TH GLASTONBURY ROAD RUN

Sunday 1st May 2016 - ENTRY FORM - Please use BLOCK LETTERS

SURNAME:..... FIRST NAME:..... MALE/FEMALE:.....

ADDRESS:.....

..... POST CODE:..... DATE OF BIRTH:.....

E-MAIL ADDRESS:..... AGE ON DAY OF RUN:.....

CONTACT TELEPHONE NO:..... CLUB / SCHOOL

ENGLAND ATHLETICS REGISTRATION NO:..... SCHOOL YEAR.....

----- 3K, 5K AND 10K ENTRANTS: (TICK ONE BOX ONLY) -----

3K ROAD RACE (Minimum age 8 years)	ENTRY FEE	£10	<input type="checkbox"/>	England Athletics Registered	£8	<input type="checkbox"/>
5K ROAD RACE (Minimum age 11 years)	ENTRY FEE	£13	<input type="checkbox"/>	England Athletics Registered	£10	<input type="checkbox"/>
10K ROAD RACE (Minimum age 15 years)	ENTRY FEE	£15	<input type="checkbox"/>	England Athletics Registered	£12	<input type="checkbox"/>

NOTE: Pre-entries for 3K, 5K and 10K close 16th APRIL 2016. Entries accepted on race day subject to race limits up to 30 minutes before Race Start Time

FREE RACE T-SHIRTS ONLY AVAILABLE TO ENTRIES TO 3K, 5K and 10K RECEIVED BEFORE 16TH APRIL 2016
T-Shirts to be collected on the day from the Town Hall

Sizes available: Child's age 8-9 / 10-11 / 12-13 , Adult S / M / L / XL / XXL Size Required

Additional T-Shirts are Available for £5 per shirt.

----- PRIMARY FUN RUN ENTRIES: -----

1 MILE PRIMARY FUN RUN ENTRY FEE £3 Fee also payable by Adults/Guides

Entries for the Primary Fun Run will be accepted on the Day up to 30 minutes before Race Start Time.

NOTES: Children under the age of 5 MUST be accompanied by a suitable Adult/Guide. In the interests of event safety, all guided children and their guides must start from the back start line. Primary Fun Run is manually timed (**not** chip timed).

DECLARATION: I declare that I am an amateur as defined by the UKA rules and that I will abide by the laws and rules of the competition. I understand that Mendip Athletics Club, Glastonbury Town Council and any club, person or body involved in the organisation of the events will not be held liable for any injury or illness, however occasioned, resulting from the events. I accept the decision of the Committee in any matters relating to the events as final. My details will be held on a computer system in connection with my participation in this event. All races will be run under UKA Rules.

RACE PHOTOGRAPHY: Race photos will be displayed for download on the internet. If you DO NOT wish your photo to appear on the internet tick here:

MEDICAL DECLARATION: I declare that I will not participate in the event unless fit to do so. If I have any medical issues that would be useful for the event first-aid services to know about I will ensure that I have filled-in the Medical Information form on the back of my issued number. I also authorise the first aid providers to release my name and contact details to the race organisers in the event that I require medical attention at the event.

Complete all parts of the Entry Form and make sure you have signed the Declaration. Send the completed Form, together with the correct Entry Fee to:

Glastonbury Road Run, 6 Nettle Combe View, Wells, Somerset BA5 3QF
Forms may also be left at Stephens' Butchers, Glastonbury High Street.
Race Details will be e-mailed. Number collection on Race Day only.

SIGNED.....
(Parent or Guardian if under 16)

Please make cheques payable to **Mendip AC**

Numbers and T-shirts must be collected on Race Day from Glastonbury Town Hall. See Race Website for List of Entrants.