



BURNHAM SWIM & SPORTS ACADEMY

SUMMER 5 K ESPLANADE RUN

INCORPORATING THE SOMERSET COUNTY 2015

5K ROAD RUN CHAMPIONSHIPS
THURSDAY 25TH JUNE 2015 7:30 PM

BURNHAM-ON-SEA



IDEAL RACE FOR FIRST TIMERS & SEASONED ATHLETES ALIKE. FUN, RELAXED, FRIENDLY & PROFESSIONALLY ORGANIZED

CATEGORIES: MALE/FEMALE: U14; U18; 19-39; Vet 40; Vet 50; Vet 60

All participants (from both Somerset & outside the County) will be entered into the

BOS Swim & Sports Academy Summer 5K Esplanade Run.

Awards 1st – 3rd Overall Male & Female. 1st in each Category

SOMERSET COUNTY CHAMPIONSHIP RACE 2015 ELIGIBILITY:

To be eligible for the Somerset County Championships, you need to match the following Criteria: Born in the County; resident in the County for the past 9 months; or serving in armed forces based in the County.

The County being the Administration County for Somerset

SOMERSET AGE CATEGORIES: M/F: U13; U15; U17; JUNIOR MEN; SENIOR; VET 35 +

Somerset County Championship Medals: 1st – 3rd Male & Female in each category

PLEASE ENSURE YOU TICK THE SOMERSET COUNTY ELIGIBILITY BOX

TO BE CONSIDERED FOR COUNTY MEDALS & HONOURS

- Race Headquarters at Burnham-on-Sea Swim & Sports Academy;
- A flat, 3 lap course on Burnham's South Esplanade
- All competitors must register at Burnham Swim & Sports Academy, Berrow Road, by 7.15pm for 7.30pm start
- Spot prizes
- Results available on our website www.bospool.com
- Toilets showers and changing available
- Water & Fruit at finish line

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Application Form

• **Name:** _____ **M/F:** _____ **Age:** _____ **D.O.B:** _____

(Age as of 31st Aug 2014, Min Age 11 on race day)

• **Address:** _____

• **Email:** _____ **Tel. No:** _____ **UKA affiliated club:** (if any) _____

• **Somerset County Championships Eligibility.**

Please Tick box for entry into County Championships



Entry Fee: Affiliated Club Member £10.00; Non Affiliated club member £12.00;

Closing date: Numbers will be limited, so get your entries in early!, If places are available on the day, a £1 surcharge will apply

Please return this form with entry fees to '**Swim & Sports Events**' Berrow Road, Burnham-on-Sea, Somerset. TA8 2ET.

I hearby agree to abide by the competition rules of the UKA. I agree not to hold the organisers responsible in any way for injury or loss as a result of my participation in this event.

Signature (Parent/guardian if under 18): _____ **Date:** _____