



Affiliated to Somerset AA;
SEAA and England Athletics

Code of Conduct for Athletes

- Treat others with the same respect and fairness that you wish to receive.
- Uphold the same values off the track/field as you do when engaged in athletics.
- Anticipate your own needs, be organised and on time.
- Thank those who help you participate in athletics.
- Inform your coach of any other coaching you receive.
- Show patience with and respect diversity in others.
- Act with dignity at all times.
- Notify a responsible adult if you have to go somewhere.
- Strictly maintain a clear boundary between friendship and intimacy with a coach, official or other person with whom you train.
- Do not respond if someone seeks private information, unrelated to athletics e.g. home life.
- Never accept a lift in cars or invitations into homes on your own or without the prior knowledge and consent of your parent/carer.
- Use safe transport or travel arrangements.
- Avoid destructive behaviour and leave athletics venues as you find them.
- Never engage in any illegal or irresponsible behaviour.
- Challenge anyone whose behaviour falls below the expected standards of 'Athletics Welfare'.
- **Speak out immediately** if anything makes you concerned or uncomfortable (telling your Parents / Carers and or the Club Welfare Officer Emily Tarring on 07804069853 if you suspect a club mate has suffered from misconduct by someone else.